

# TERRE SHORT MBA, PCC

Bringing out the brilliance in leaders worldwide.

**Featured in:** NPR, Fast Company Magazine, American BookFest, Becker's, AUPHA

Sampling of Clients:













Terre Short is an author, speaker, coach and creator of Thriving Leader Collaborative. She believes that truly authentic leadership is achieved when we embrace our inner wisdom to overcome business challenges. Terre has spent the last decade advising high performing Fortune 500 leaders on how to live their fullest potential and bring out the same in those they serve. Terre is the author of *The Words We Choose: Your Guide to How and Why Words Matter*, and co-author of the best seller, *The Great LeadHERship Awakening*.

Terre is a leadership, productivity, and communications expert, who is passionate about sharing resources that equip leaders to lead from the heart, prioritize wellbeing, and speak with intention and impact. She earned her MBA in Healthcare Management, her Professional Coach Certification (PCC) and is a certified NeuroMindfulness Practitioner.

She leads the TLC Team in offering coaching, workshops, keynotes, and retreats with a true sense of curating precisely what an individual, team or organization needs to excel joyfully.



# **Business Owner & Evolved Leader**

Terre is the CEO of Short Group, LLC and Founder/Faculty of the Thriving Leader Collaborative.



## **Award-Winning Author**

Her book, *The Words We Choose:* Your Guide to How and Why Words Matter, explores using words that connect to values and intention, within ourselves, with loved ones and in the workplace.



# Former Sr. Executive in Healthcare and Hospitality

She has served as a high-level executive for various 5-star hotels and the largest health systems in the U.S. (HCA).



Frank Reed, M.D.

"Terre Short is a force of nature! She brings energy, expertise, and experience. If you have a chance to work with her as a coach, speaker or facilitator, don't pass it up." Frank Reed, M.D.

### **LET'S CONNECT!**



Terre@ThrivingLC.Com



1+ 424.234.3939



www.ThrivingLeaderCollaborative.com



Do you feel disconnected from yourself, loved ones, or others?
Are you overwhelmed and in a constant state of reaction?
Do you perceive some efforts or conversations as difficult? Terre will help you spotlight and sustain your innate brilliance and equip you to do the same with those you serve.

#### Terre Short, MBA, PCC

CEO and Founder of Short Group, LLC & Thriving Leader Collaborative

in/terreshort/

124.234.3939

Terre@ThrivingLC.com

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"Terre has presented at several events for us over the past few years. Her message is always clear and action-oriented. She leans on the content in her book, weaving stories and activities that illustrate how communication is key to leadership success. Her connection with the audience is engaging and authentic." Nicole Webb, Chief Impact Officer, The Gratitude Group

"I was particularly impressed when listening to Terre speak at how simply and clearly she explained the subject matter. She followed her own mantra: your words matter and make an impact. Her presentation to the patient experience interns at Intermountain on the importance of the "why" of healthcare made an impact on me as a future leader."

Cody Brinton, CEO Daniels Memorial Healthcare

"You know those one or two speakers that you hear at a conference in your lifetime that sticks with you? The one with a focused message, tools you can actually use, and who compels you to do something different when you go back home? That's Terre Short." Greg Paris, Sr. VP Caravan Health

#### **SPEAKING TOPICS:**

 Communication is Key – Listen Expertly and Speak with Intention

Learn communication strategies that drive culture through values, connect contributors to purpose, and escalate recognition and results.

- Word Choices Elevate Employee Engagement
  Retain employees by asking powerful questions and
  cultivating curiosity.
- Connection Drives Leadership
   Consistently connect to self, others, your work, the present moment and the future needs of your team.
- Prioritizing Wellbeing Promotes Productivity
   Integrate key practices with a proactive approach to all you juggle.

- Mindfulness Moments Unlock Centering and Focus
  Learn to retrain the 50% of your mind that routinely wanders, regaining focus and preventing procrastination.
- Cultivating Resilience by Reframing
   Reframe to improve results and strengthen a growth mindset and cognitive agility.
- Mission, Vision and Values (MVV) Crystallization
  Equip participants with the skills to be an exemplary ambassador of your company's culture, as they learn to weave values into all communications, lead with why and connect to those they serve to purpose.

#### **SAMPLE WORKSHOPS:**

#### **Prioritizing Wellbeing Promotes Productivity**

A powerful one-hour masterclass to learn how to adopt a proactive approach for prioritizing wellbeing.

- Identify what wellbeing means and discover at least one centering practice when feeling overwhelmed.
- Learn the neuroscience basics of procrastination and multi-tasking, why reactive often eclipses proactive, and how to adjust to get back on track.
- Accomplish more by working F.A.S.T.:
   Focus Align Single-Task.
- Implement key concepts for proactive calendar management.

#### Mission, Vision and Values (MVV) Crystallization

This 90-minute workshop connects participants to their purpose through exploration of how key evidence-based practices serve your mission, vision and/or values (MVV).

- Determine how each key practice contributes to the mission and vision of the organization.
- Determine word choices that support the MVV and replace any that undermine the MVV.
- Identify the connection between what the patient experiences and how the team upholds the MVV.

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